



# CHILDREN HEALTH & EDUCATION FOUNDATION®

Please help us to diagnose and treat the diseases before these become incurable  
Free treatment at the door step of poor and destitute patients.

## *We Welcome*

### **Mr. Justice(R) Nasir Aslam Zahid as Patron of Children Health & Education Foundation**

Mr Justice (R) Nasir Aslam Zahid had an outstanding career in Pakistan judiciary. He was appointed a Judge of the Sindh High Court in 1980 after 20 years at the Bar. From 1992 to 1994 he headed the Sindh High Court as the Chief Justice from which position he pioneered public interest litigation in the Province.



After two years in the Federal Shariat Court, he was elevated to the Supreme Court of Pakistan in 1996. In January 2000, on refusing to take the oath under the P.C.O. introduced by General Pervez Musharraf, he ceased to be a Judge of the Supreme Court. After his forced retirement, he got actively involved in the field of human rights and started working at the grass root level specially devoting time in bettering the condition of the prisoners. He heads the official Committee for the Welfare of Female Prisoners and also the civil society organization "Society for the Welfare of Women Prisoners". Since his forced retirement, he is also heading the Hamdard School of Law as the Dean, Faculty of Legal Studies, Hamdard University.

His acceptance of honorary Patronship of Children Health and Education Foundation, which organization is providing real and ground level health facilities at the door of the poor and destitute people of Pakistan, shows his trust and confidence in the organization. His name and support will, inshallah, contribute in CHAEF achieving its next target of establishing 1000 Primary and Mother Child Health Care Centers in Pakistan. Ameen.

## **Relief of Earthquake Victims in Balochistan with the help of Johnson & Johnson**



Sending off ceremony of 12 "Polar Shelters" by Johnson & Johnson for the earthquake victims of Balochistan held at the office of Korangi Association of Trade and Industry (KATI) showing ( from left to right ) Ms. Nargis N.D. Khan Minister for Social Welfare, Sindh , Mian Zahid Hussain Chairman KATI, Syed Naemul Hassan, Chairman CHAEF and Mr. Farrukh Fayyaz, General Manager (Health) Johnson & Johnson. A team of Johnson & Johnson also visited the site at Balozai, 70km from Pashin, Balochistan.

Now you can contribute your donations through credit card, please visit our website [www.chaef.org](http://www.chaef.org)





The State of the art Primary Health, Mother & Child Healthcare, Ultrasound Centre with free distribution of medicines at Johar Town Lahore sponsored by Brig(R) Pervaiz Bashir Nawaz Khan in the name of his children Mehvesh & Shahzil Khan.



Mr. Muhammad Ali Chairman Fortune Securities and Member Karachi Stock Exchange visited our state of art Primary Health, Mother & Child Health, Ultrasound & Blood Collection Centre with Free Laboratory Test at Sultanabad off M.T. Khan Road Karachi. Mr. Ali highly appreciated the activities of CHAEF and committed to sponsor another centre. He had already sponsored Bantva Memon Centre at North Nazimabad, Karachi.



Comments about CHAEF "Congratulations the Health & Education that people need being given generously with care & compassion. May we all live to better improve the lives of our future generations." Angela B Peters, Melbourne Australia.

**Presentation by Children Health & Education Foundation to KDA Ladies Association of KDA Scheme 1 at Karsaz Golf Club**



Children Health & Education Foundation was awarded a recognition shield by Amnesty International for contributing enormously in the field of social welfare and social development. In this connection an impressive ceremony was held at Pearl Continental Hotel Islamabad. The guest of honor were Ms. Latinner Hodgson, Regional Director Amnesty International, Mr. Naeem ul Hassan Children Health & Education Foundation, Mr. Thomas Me Dermott, representative United Nations Children Fund (Unicef) and Mr. Imran Khan, Chairman Shaukat Khanum Memorial Trust.



We are grateful to the KDA Ladies Association of the residents of KDA Scheme I for a presentation by Children Health & Education Foundation. The group photograph shows the President, Vice President, General Secretary and members of the Association with Mrs. Azra Mohyeddin, Mr. Khudadad Khan, Executive Director ABM InfoTech, Surgeon Lieutenant Commander (Retd.) Shahida Mirza alongwith the Chairman, Syed Naeemul Hassan, Children Health & Education Foundation.

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Woman & Children called at EBM Primary Healthcare, Mother & Child Health Centre at Gulistan-e-Jauhar and North Nazimabad Karachi for monthly check up for the Mothers who were treated and medicated during their pregnancy till child birth by Children Health & Education Foundation. The mothers were looked after by our ultrasound specialist and Gynecologist and provided free Monitoring. Care, Ultrasound Laboratory tests with Free Medicines & Multivitamin throughout the pregnancy.

**More than 6500 diseases are seen and medicated daily related to Primary Health, Mother and Child Healthcare with Ultrasound & Laboratory Tests and incurable diseases i.e. Diabetes and Hypertension, Kidney and Heart related, before these convert into terminal. All these services are absolutely FREE**

We are pleased to inform that CHAEF was registered in August 2002 as an NGO The objective of the Foundation was based on the premise that large Specialty Hospitals were being built at exorbitant cost to manage end-stage Diseases whereas at a fraction of a cost these very Diseases could be detected, prevented and treated in a Primary Health Care facility. If the disease is detected earlier it can be treated at extremely low cost at a Primary Care Centre. Convinced with this idea we developed a vision of establishing these much needed Primary Health Care Centers all over Pakistan so as to provide Free Consultation, Diagnoses, Treatment and Medications for common ailments which if left undetected or untreated at the initial stages could lead to Kidney failure. Terminal Cancer, Blindness, Heart Disease the list is endless. A unique Model has been established to provide all medical services like Primary Health, Mother & Child Ultrasound, Pregnancy & Gynea related diseases with Blood tests and the medicines absolutely Free.



Mr. Ejaz Maharvi Advisor to CM Punjab visited Children Health & Education Foundation Primary Health Centre at M.A. Johar Town Lahore. He expressed his gratitude for performing the great services to the poor patients of Pakistan.



Unilever Pakistan and CHAEF had launched a campaign in winter for the protection of infant Children by donating 3,00,000 Huggies (Nappies) which have been distributed to poor mothers for Children up to the age of 3 years for hygiene and that the wet children could be saved from pneumonia. The activity was a campaign under our Mother and Children Healthcare program all over Pakistan.

**REQUEST FOR YOUR KIND SUPPORT**

We have observed that a large number of poor and needy patients living in slum areas of cities and villages in extremely unhealthy conditions have neither money nor access to any medical facility. These people suffer from minor ailments and availability of primary healthcare facility will save their lives. Request your kind support for immediate relief under present facilities

- |  |               |
|--|---------------|
| 1. Cost of treatment of ten Patients for a day (You can sponsor as many as you wish)   | Rs. 1,000     |
| 2. Cost of treatment of MCH Patients (Total period of pregnancy)   | Rs. 10,000    |
| 3. Share for sponsoring one month expenses of one Primary, Mother & Child Healthcare Centre average 3000 patients  | Rs. 100,000   |
| 4. Sharing the pool with any size of donation to establish one Primary Healthcare centre with facilities of MCH and Ultrasound with one year operational expenses, in rented premises. | Rs. 2,000,000 |

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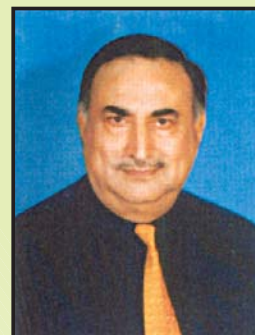


**REQUEST FOR REMITTING DONATION OF RS.1000 MONTHLY BY INSTRUCTING YOUR BANK TO  
OUR MCB BANK ACCOUNT #1443-0101-001039-0 ZAMZAMA BRANCH KARACHI  
HBL ACCOUNT #012-572-85 ZAMZAMA BRANCH, KARACHI  
UBL ACCOUNT#0182-01019572-2 GIZRI BRANCH, KARACHI**

Dear Sir:

We request you for a small donation of Rs. 1000 every month to our bank account to help the poor and destitute patients visiting our Healthcare Centres. Your small donation shall help us to provide the following services.

- A. Free diagnoses of Disease
- B. Free Consultation
- C. Free Treatment
- D. Free Medicines
- E. Free Ultrasound
- F. Free Laboratory Tests by collecting blood sample
- G. Free test for the Diabetes and hypertension with Free Medicines
- H. Free Pregnancy tests and if confirmed complete follow up till delivery of Child which includes Ultrasound, monitoring, care, multivitamins, medicines and check up by Gynecologist, Vaccinations and the arrangement of delivery at nearby zakat funded hospitals.
- I. Free treatment and medicines for women related Diseases of Gynecology and Obstetrics.
- J. Free Primary Education, Computer and English learning training to more than 2500 students with free uniform and books.



Dr. Yousuf Kamal Mirza

Please realize that Almighty Allah has awarded you the blessings of life and you are also empowered to donate yourself and can request your colleagues, friends and relatives for a small token of donation which shall be multiplied by Almighty Allah. Please remember that the current crisis of economy of the world is winding up huge business but people who are donating are still enjoying their life with peace of mind, so help the Charities for raise of your income and peace of mind.

You shall be pleased to know that in accordance with our objective 'Diagnose & Treat the Diseases before these become incurable' we have made sufficient progress during the year ended 31st December 2008. We had observed that almost all the patients visiting our centres were suffering from two /three diseases and were accordingly medicated. We therefore decided to record the number of diseases treated and medicated from January 2008. The number of diseases during the year ended 31st December 2008 was 17,90,721. Many patients having symptoms for terminal diseases were detected and referred to specialized hospitals working as Non Profit Organizations, to save their lives.

Please note that all these activities have been carried out with the kind support of the respected sponsors individuals and organizations.

The Children Health and Education Foundation is working towards the welfare of poor and needy by providing Primary Health Ultrasound and Mother and Child Healthcare facilities and medicines totally FREE at all our Centres located in Karachi, Lahore and Faisalabad. We, therefore, seek your participation and generous donation towards the noble cause as your help can save lives of many poor patients.

Thanking you and May Allah bless you.

Yours sincerely

**Dr. Yousuf Kamal Mirza**  
MBBS, FRCS  
Patron

Dr. Yousuf Kamal Mirza was the Medical Director of AKU Hospital Karachi for 16 years. He joined Shaukat Khanum Memorial Cancer Hospital, Lahore as CEO and later as Project Director of Tabba Heart Institute, Karachi.

**Now you can contribute your donations through credit card, please visit our website [www.chaef.org](http://www.chaef.org) for further information.**

**Please deposit your Zakat / Donations in our online Accounts**

1. MCB account # 1443-0101-001039-0, Zamzama Boulevard Branch Karachi.
2. HBL account # 012-572-85, Zamzama Boulevard Branch Karachi.
3. UBL account # 0182-0101957-2, Gizri Branch, Grace Centre, D.H.A. Karachi.

**or send directly to**

**CHILDREN HEALTH & EDUCATION FOUNDATION<sup>®</sup>**

**APPROVED - U/S 2(36) (c) OF THE INCOME TAX. ORDINANCE 2001**

(The accounts of the Foundation are audited by M/s. Ibrahim Shaikh & Co. Chartered Accountants and available on our web: [www.chaef.org](http://www.chaef.org) for last 6 year)

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